

SECOND GRADE: Called to Protect™ for Young Children: Listening to Your Intuition

Child Development:

Second graders are generally friendly and eager, and they tend to know right from wrong. They like to be a member of a group, they want a best friend, and they want to perform well. They are beginning to feel influence from their peers as well as from their families as they continue their journey toward independence.

Lesson Overview:

This focus of the program for second graders is to continue to build behavioral boundary skills. The corresponding lessons are designed to reinforce the concept that because we know our feelings, we sometimes feel funny if we are asked to do (or we do) something that we know breaks the rules or seems dangerous.

Objectives for Second Grade Students:

Students will:

1. Learn what intuition is and how to listen to it.
2. Learn how to say no when intuition tells them to.
3. Learn how to tell a trusted adult when they feel their intuition is warning them about something.

SECOND GRADE: Lesson Plan A

Learning Objective 1:

Learn what intuition is and how to listen to it.

Estimated Lesson Time: 30 minutes

Materials needed:

Intuition Activity Page

Crayons or markers

Activity:

Teacher:

"What are your senses? (Touch, taste, smell...). Well you know, you have another sense, too. It's called 'intuition'. It's like a little alarm that goes off in your mind that something isn't right. It is a signal that you need to do something to stay safe."

[Teacher hands out the Intuition Activity Page.]

"This picture tells a story about how intuition keeps you safe."

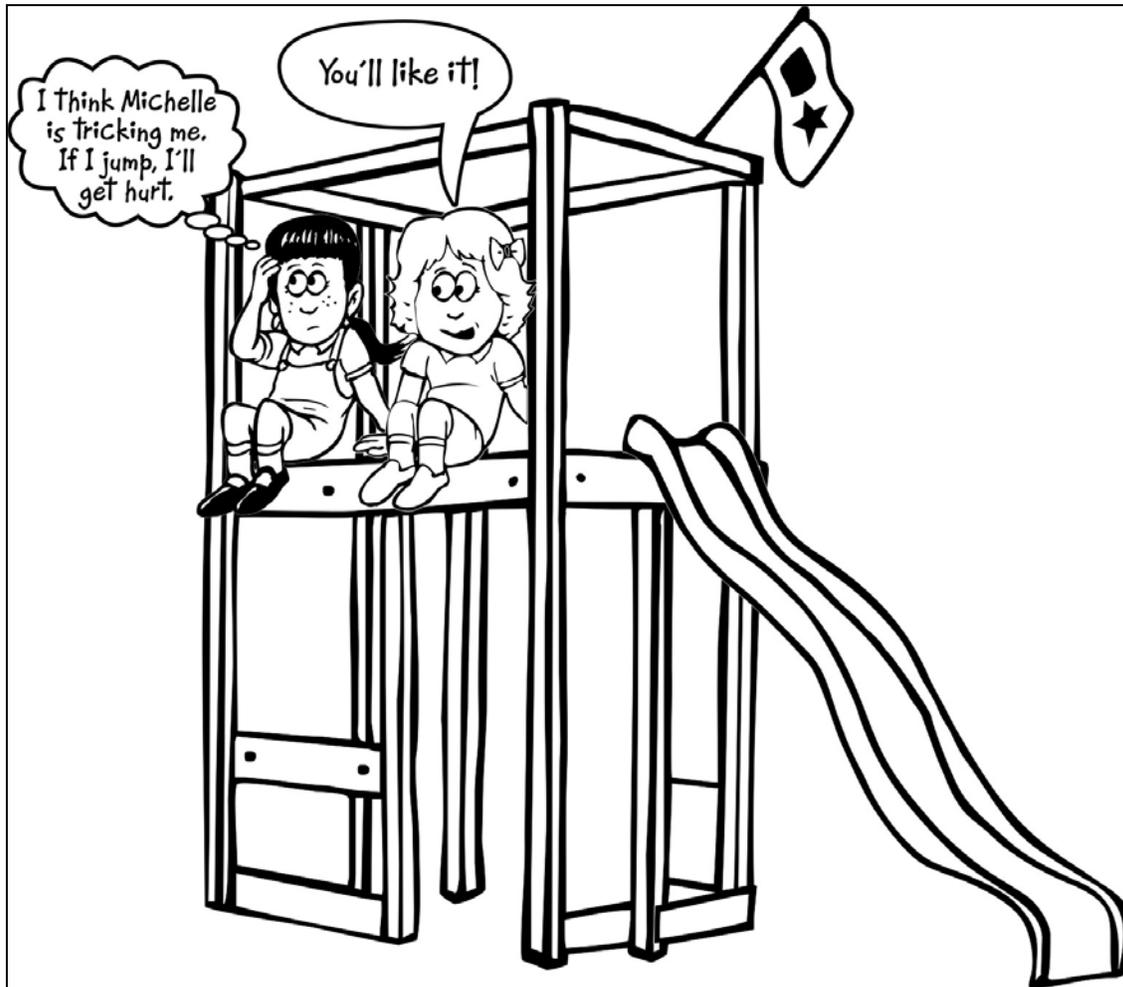
Michelle and Lacy were playing in Michelle's backyard. They climbed to the top of Michelle's jungle gym. Michelle said, 'Lacy, jump off from the top here. It will feel like you're flying.' In the picture, Lacy's intuition sends her an alarm that Michelle is asking her to do something unsafe. Lacy says to herself, 'I think Michelle is tricking me. If I jump, I'll get hurt.'

SECOND GRADE: Lesson Plan A

Name: _____

Intuition Activity Page

Lacy's intuition is giving her a warning that she might get hurt.



What are some of the feelings that Lacy is having right now? Circle the ones you think she is feeling. [Teacher may need to point and read the following:]

Happy

Funny

Scared

Confused

Sad

Tired

Bored

Shy

Nervous

Embarrassed

Adventurous

Careful

SECOND GRADE: Lesson Plan A

Teacher:

"How do you think Lacy feels?"

"What makes Lacy think she will get hurt? Can she predict the future? (NO). Then, how can she know?"

"The answer is = INTUITION. Sometimes intuition feels like a funny feeling in your stomach or it can make your heart beat really fast or it can even make it hard to breathe. When your body feels bad physically, and you're having bad feelings, your intuition is warning you that something is not healthy or safe."

Student Assessment/Reflection:

Ask students to tell about a time they had intuition.

Closing Prayer:

Teacher:

"Let's end our lesson with the Word of God and a word of prayer."

"God saved us and chose us to be his holy people. We did nothing to deserve this, but God planned it because he is so kind. Even before time began God planned for Christ Jesus to show kindness to us. Now Christ Jesus has come to show us the kindness of God. Christ our Savior defeated death and brought us the good news. It shines like a light and offers life that never ends." [2 Timothy 1:9–10]

"Let us pray" (*pause for silence*).

"O God, a long time ago you planned to save us because you love us so much.

SECOND GRADE: Lesson Plan A

**Shed your light upon us
and show us how to be kind to others
so that our lives may always shine with your love.
We ask this through Christ our Lord. Amen!"**