

## SECOND GRADE: Lesson Plan B

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### **Learning Objective 2:**

Learn how to say No when intuition tells them to.

Estimated Lesson Time: 30 minutes

### **Materials needed:**

None

### **Activity:**

Teacher:

"Now we're going to practice what to do when your intuition warns you that you may get hurt or get into trouble. Sometimes 'intuition' tells you when someone might be tricking you into doing something you don't want to do or something that is not safe. Your intuition will even warn you if an adult is trying to trick you. Let me give you some examples."

### **Saying "NO!"**

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Scenario 1: Your mom says that you cannot eat peanut butter because you are allergic to it. She says eating peanut butter can make you very sick, but Uncle David says it's ok and offers you chocolate candy with peanut butter in it.

- ▶ What does your intuition say to you? What will you say to Uncle David?
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## SECOND GRADE: Lesson Plan B

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Scenario 2: Tim's dad has a new motorcycle. While riding by, he sees you in your yard and stops to offer you a ride. He says that he doesn't have a helmet for you but that you don't need one for a short ride anyway.

- ▶ What does your intuition say to you? What will you say to Tim's dad?
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Scenario 3: Emma shows you her cousin's gun. She tells you to pick it up.

- ▶ What does your intuition say to you? What will you say to Emma?
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Scenario 4: Josh dares you to steal the teacher's favorite pen from her desktop. You don't want to. When you say no, Josh says that you are a "fraidy cat."

- ▶ What does your intuition say to you? What will you say to Josh?
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Scenario 5: Your babysitter tells you that she has to run an errand. She says it won't take long and that you should stay home alone until she returns. It is late at night.

- ▶ What does your intuition say to you? What will you say to the babysitter?
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Teacher:

"I'm going to say some things that children can say when they need to say No. Raise your hand if this is something you would feel comfortable saying."

- ▶ "I'm not supposed to do that." Who would say this?  
Say it with me now. "I'm not supposed to do that."
- ▶ "That's against my family rules." Who would say this?  
Say it with me now. "That's against my family rules."
- ▶ "No, Thank you." Who would say this?  
Say it with me now. "No, Thank you."
- ▶ "I can't. My parents would be mad at me." Who would say this?  
Say it with me now. "I can't. My parents would be mad at me."
- ▶ "I'll need to ask my mom/dad first." Who would say this?  
Say it with me now. "I'll need to ask my mom/dad first."
- ▶ "No. I have to go now." Who would say this?  
Say it with me now. "No. I have to go now."
- ▶ "No. Let's do something else instead." Who would say this?  
Say it with me now. "No. Let's do something else instead."
- ▶ "No. I think that's a bad idea." Who would say this?  
Say it with me now. "No. I think that's a bad idea."

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### Student Assessment/Reflection:

Teacher:

"God has given us intuition as a gift to help keep us safe. When your intuition tells you something is wrong, it is OK to say no – to a friend, to an adult, or even a family member. You always have the right to refuse to do something that makes you feel unsafe. At the same time, we should be respectful if a friend tells us that he or she does not want to do something. We should always respect one another's intuition."

### Closing Prayer:

Teacher:

"Let's end our lesson with the Word of God and a word of prayer."

"Jesus said to his friends: 'There will always be something that causes people to sin. But anyone who causes them to sin is in for trouble. A person who causes even one of my little followers to sin would be better off thrown into the ocean with a heavy stone tied around their neck. So be careful what you do.'" [Luke 17:1–3]

"Let us pray" (*pause for silence*).

"O God, you protect all your sons and daughters and do not wish anyone to fall into sin.

Help us to be careful in our dealings with others, and to listen to the intuition you have placed in our hearts. We ask this through Christ our Lord. Amen!"